

Generic action bank for story telling

Key Connective	Suggested Action
Once upon a time	Open hands like a book.
Early one morning	Hands to one side of head and pretend to wake up.
Who	Finger circle index finger in air.
First	One finger up.
Next	Two fingers pointed to one side.
But	Fingers down.
Because	Hands out open palmed
At that moment	Hands expressively open as if in surprise.
Suddenly	
To his/her/their amazement/astonishment	
Unfortunately	
Luckily	Hands raised open as if thanking.
After/after that	Roll hands over in turning gesture.
So	Roll hands forwards and open as if giving.
Finally	Palm facing audience like a policeman stopping traffic.
In the end/Happily ever after	Bring hands together as if closing book.
Eventually	

Suggested actions specific to Sleeping Beauty

King/queen	Hands on top of head, fingers extended pointing up to make shape of crown.
Baby	Cradle imaginary baby.
Feast	Mime taking hearty bite from chicken drumstick.
Invitations	Mime writing on imaginary invitation card.
Fairies	Flap bent arms as if wings.
Second	Two fingers up.
Third	Three fingers up.
Fourth	Four fingers up
Furious/ragged	Make fist and strike imaginary table.
Spindle/spinning wheel	Point finger and move round and round.
Prick	Move finger quickly away from imaginary sharp needle.
In an instant	Clap hands sharply
Straight away	
Asleep/sleep	Hold hands together and rest head on them.
Kiss/kissed	Blow a kiss
Destroyed	Hold hands/ fingers upright and rigid, then let them flop down.
Sleeping Beauty	Index fingers extended pointing to top of head. Lower arms and rotate fingers signifying long hair.
Climb/climbed	Walk index and middle finger up arm towards shoulder.
Tall tower/tower	Hands held above head, arms outstretched, fingers of each hand touching
Thick hedge	Hold both hands in front face.
Knights	Hand holds imaginary sword and mimes sword fighting.
Handsome prince	Close eyes and stroke chin in haughty manner.
Fell in love	Draw heart shape in the air.
Wedding	Point to third finger left hand where wedding ring would be.